

## **JOB 2 START**

### **A job to get you started.**

So you've completed COACH2START or TECHNICS2START, but do you still need a helping hand to turn your plans into reality? We've arranged some **made-to-measure coaching to help you move forward in your life!**

### **GOALS**

- > WORK OUT A CLEAR PLAN  
that's relevant to your desires, ambitions and situation
- > CLARIFY THE STEPS NEEDED TO PUT YOUR PLAN INTO ACTION  
in the short, medium and long term
- > CREATE NEW TOOLS AND LEARN TO USE THEM  
to make a start on your plan
- > GAIN A BETTER UNDERSTANDING OF THE JOB MARKET, TRAINING OPTIONS, ...  
and all the possibilities open to you
- > COOLLY IDENTIFY, ACHIEVE AND LIVE YOUR PLANS
- > BOOST YOUR CONFIDENCE IN YOURSELF AND THE FUTURE
- > FEEL STRONGER AND HAPPY WITH WHO YOU ARE

### **PROGRAMME**

- > professional and personal coaching based on your requests and needs
- > up to 6 months of intensive guidance
- > longer-term support possible as you implement your plans
- > individual sessions according to your availability (two to four per month)
- > confidentiality, respect, commitment and regularity are our watchwords

### **CONDITIONS**

- You must have completed a COACH2START or TECHNICS2START course
- You must engage with and be regular in the coaching work and the follow-up on sessions
- You must believe that change is possible and that you don't have to make it happen all by yourself

### **IS IT FREE?**

YES! And the door remains open even when the coaching is finished.

### **WHAT'S THE OUTCOME?**

Participants enter **training**, find a **job** or an **internship**, start **voluntary work**, go **abroad** to learn a language or discover another culture ... They also find **solutions to problems of a more personal kind**.

In short, they start going places!

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