

COACH 2 START

Strengthening yourself and finding your way!

Are you going in circles?
Do you want to move forward?
Are you looking for your place in the world?
Do you want to believe that it's possible?
Do you want a job you like?
Do you want to improve your situation?

In this case, COACH2START can probably help you!

the programme?

6 weeks | 5 days per week | 9:30 > 17:00 | 12 participants per session

- you experience a tailor-made, practical and progressive course
- every day you meet a stimulating coach and take part in a different workshop
- you are coached collectively and individually
- you box, act, talk, cook, dance ... and progress
- you tell your story and listen to many other inspiring stories
- step by step, you get to know yourself and build a professional project
- you make your "own" choices

after COACH2START, you can ...

- continue to progress by following JOB2START
- take further training elsewhere, start studying or look directly for a job

conditions?

- you are between 18 and 30 years old
- you live in Brussels
- you are not studying, working or in training
- you have a strong desire to move forward and you are ready to change your habits and some of your ideas
- you are available for 6 weeks, so you can really participate and get involved

free?

YES and in addition, **COACH2START** is recognised by Brussels Training

- you sign a training contract with a certification at the end of the course
- you are covered throughout this period by your obligations as a job seeker
- you benefit from the system of payment of 2 € gross per hour of training



Do you work with and for young people in Brussels?

Do you fight every day to help young people in Brussels move forward?
Do you want Brussels to be a city where this social capital is valued and finds its place?
Are you looking for innovative ways to boost the confidence of these talented young people?
Do you dream of seeing them make their own way?

TOGETHER we can do it.

- > Think about the best way to work together.
- > Share our expertise.
- > Develop a new method.

Interested?
Contact CORALINE
coach2start@art2work.be
+32 498 705 644

NEXT INFO SESSION OF COACH2START IS PLANNED THE 06TH OF APRIL 2022

Do you want to come ? Hurry up and sign in!
You can call or text to 0498 705 644

MARIE

MEHDI

MARIE

